



# Foundation in Health & Safety

## Course Profile

This course gives staff & volunteers the knowledge they need to protect clients and colleagues by using basic health & safety principles

### Duration

3 hours

### Who is this course suitable for?

All staff need to protect themselves and others at work, so a working knowledge of practical health and safety is invaluable for employers to be able to show this

### Certification

This course leads to the award of a Foundation Certificate in Health & Safety for successful students

- ❖ Management of Health & Safety at Work Regulation 13
- ❖ Standard 3.1 from the Common Induction Standards from *Skills for Care*

### What does the course cover?

- ❖ Overview of legislation
- ❖ Benefits to clients, staff & employer
- ❖ Good practice in health & safety
- ❖ Overview of different risk assessments
- ❖ Use of Guidance and Local policies
- ❖ Required paperwork
- ❖ Employer & employee duties
- ❖ Other areas of interest or concern

### Why choose us?

- ❖ We ensure our courses are as fun, practical and student-led as possible
- ❖ Our Trainers include healthcare professionals with excellent teaching credentials
- ❖ We have been nominated for a National Training Award for “Training Excellence”
- ❖ We exceed the training standards recommended by the HSE